



FREE Professional Development Opportunities (by Focus Area) - February 2024

Open to ALL CLEC AmeriCorps Members

Check out our [professional development webpage](#) for more resources
(Click the links to learn about and register for the events listed below)

Academic Engagement

[Upcoming Education Webinars with edWeb](#) - click link for additional webinars

Multiple Dates | Virtual

- [Mathematical Problem Solving Through Strategies and Models](#)
Tuesday, February 6, 2-3pm PST
- [Leading a Culture of Reading: How to Engage and Inspire Readers in Your School Community](#)
Wednesday, February 7, 12-1pm PST
- [Using Videos in an Engaging Way](#)
Tuesday, February 20, 11am-12pm PST

Those who register will receive recordings of the webinars if they can't make the live events.

Sign up and view the [edWed Webinar Archive](#) for free (self-paced)!

Unlocking Reading Comprehension

Thursday, February 15 | 11am-1:30pm PST | Virtual

Join this [Education Week](#) forum to gain knowledge of the components of reading comprehension, a sense of the core obstacles, and insights into promising new curricular developments.

For a self-paced experience, visit the [Education Week Webinar Archive](#).

Teaching the Science of Reading

Thursday, February 15 | 12-1pm PST | Virtual

This [Waterford.org](#) webinar will prove you with essential strategies and support required to teach the science of reading.

For a self-paced experience, visit the archive for [Waterford.org On-Demand Webinars](#).



Healthy Futures

[Upcoming Psychology Webinars with Mindspring Mental Health Alliance](#) - click link for additional webinars

Multiple Dates | Virtual

- [Understanding Stress Responses: Effects on Your Body and Behavior](#)
Tuesday, February 6, 10-11am PST
- [Communication Do's & Don'ts](#)
Tuesday, February 13, 10-11am PST
- [Setting Healthy Boundaries in Relationships](#)
Wednesday, February 14, 10-11am PST
- [Dealing with Difficult People in the Workplace](#)
Thursday, February 22, 10-11am PST

Upcoming Behavioral Health Webinars with McLean Hospital

Multiple Dates | Virtual

- [Addressing and Overcoming Test Anxiety](#)
Thursday, February 8, 8am PST
- [Tap Into the Power of Self-Compassion](#)
Wednesday, February 21, 9am PST
- [Supporting Young Men's Mental Health](#)
Wednesday, February 28, 9am PST

Those who register will receive recordings of the webinars if they can't make the live events.

For a self-paced experience, visit the [McLean Hospital Video Archive](#).

Science for Prevention: Identifying Potential Breast Carcinogens

Tuesday, February 13 | 10-11am PST | Virtual

In this webinar from the [Collaborative for Health and Environment \(CHE\)](#), you will learn about the nearly 280 chemicals that induce mammary tumors in rodents and over 600 additional chemicals that stimulate estrogen or progesterone signaling.

This webinar will also discuss the role of endocrine disrupting chemicals in the development of breast cancer, and how they identified the chemicals potentially involved in breast cancer.

Tattoo Inks, Cancer, and Other Chronic Diseases: Gaps in Research and Regulation

Thursday, February 22 | 11am-12pm PST | Virtual



This webinar from the [Collaborative for Health and Environment \(CHE\)](#) will discuss the existing evidence on possible health effects of tattoos, including cancers and autoimmune diseases, and the need for additional research to understand possible hazards.

For a self-paced experience, visit the [CHE Webinar Archive](#).

Environmental Stewardship

Community Work Party at Forest & Cedar Park with Whatcom Million Trees Project

Saturday, February 10 | 9am-12pm PST | In-Person (Bellingham)

At this work party, you will remove invasive plants and add some native shrubs and trees in this wonderful park. Tools, gloves, and instructions are provided. Please dress for the weather and wear sturdy shoes.

Carkeek STARS Work Party

Saturday, February 17 | 9am-12pm PST | In-Person (Seattle)

Join other enthusiastic volunteers for a fun morning of forest restoration and trails maintenance. We have a wide variety of tasks you can help with. Adults and teenagers welcome. Gloves and tools will be provided. Please wear sturdy shoes and dress for the weather.

For more volunteer restoration events, check out [Green Seattle Partnership](#) (you can filter by city).

Pacific Northwest DEWS February Drought & Climate Outlook Webinar

Monday, February 26 | 11am-12pm PST | Virtual

This webinar provides the region's stakeholders and interested parties with timely information on current and developing drought conditions, as well as climatic events like El Niño and La Niña. Speakers will also discuss the impacts of these conditions on things such as wildfires, floods, disruption to water supply and ecosystems, as well as impacts to affected industries like agriculture, tourism, and public health.