



FREE Professional Development Opportunities **(by Focus Area)** **September 2023** *for ALL CLEC AmeriCorps Members*

Academic Engagement

Friday, September 8, 2023 | 10:00 – 11:00am PST | Virtual

[Educator Wellness Plan Book and Journal: Routines and Strategies for Thriving at Work and at Home!](#)

Learn how to bring your very best self to your students using routines, invitations, and strategies that have a major impact on living a high-energy, well-balanced, daily decision-making life using practical tools for success.

Attending this webinar will help you gain insight into:

- Foundational research, theory, and practice for daily educator wellness planning and action
- How to use a daily wellness journal with focused activities for a personal wellness journey as part of their daily planning work
- Simple but powerful routines, strategies, and tools that can be implemented immediately to support their physical, mental, emotional, and relational well-being and health

Monday, September 11, 2023 | 2:00 – 3:00pm PST | Virtual

[Leading Learning in the 2023-2024 School Year: Challenges and Opportunities](#)

Join in the conversation with three education leaders to learn how they address several current realities of K-12 education systems by successfully navigating challenges as they occur, while also leveraging positive opportunities for growth and improvement in the systems they lead.

This webinar will discuss:

- A brief look at leading the use of AI and ChatGPT in K-12 education
- Sustainability of new programs that were funded by special resources during the prior school year
- Finding success in providing new learning opportunities for all
- Addressing digital equity
- Assuring safe and secure online access for district employees, students, and their families

Access to free resources that support the five topics listed above will be shared.



Tuesday, September 12, 2023 | 11:00am – 12:00pm PST | Virtual
[Implementing High-Quality Curriculum](#)

Building a solid foundation for student success starts with implementing high-quality curriculum. Fostering a culture of continuous improvement and creating structures for reflection are critical components in achieving a successful curriculum implementation that meets the evolving needs of students and educators.

This webinar will examine the importance of identifying key instructional practices with strategic planning to meet all student needs while staying rooted in the integrity of the curriculum design. Leaders will gain insights on how they can support curriculum adoption as teachers build the necessary for curriculum implementation.

Wednesday, September 13, 2023 | 11:00am – 12:00pm PST | Virtual
[Rise and Shine: Find the Joyful Leader Within](#)

This webinar will explore ideas for bringing joy to your work with intentionality. Discover how you can rise by implementing strategies to help you be a more joyful leader and teacher. Learn ways to shine on the individuals you lead and inspire them to be more joyful.

Topics discussed are included but not limited to:

- What is joy?
- What brings me joy?
- Why joy?
- Finding joy amidst struggles

Saturday, September 16, 2023 | 7:00 – 11:30am PST | Virtual
[New Teacher Essentials: 5 Live Webinar Event with Simple 12K](#)

- **7:00-7:30am:** [Cultivating Positive Classroom Culture: Empowering New Teachers for Success](#)
- **8:00-8:30am:** [Support Learning for All Students: A New Teacher's Guide to Universal Design for Learning](#)
- **9:00-9:30am:** [Empowering New Teachers with Artificial Intelligence](#)
- **10:00-10:30am:** [Building Foundations for Success: Back to School Tips for New Teachers](#)
- **11:00-11:30am:** [Planning Instruction with Technology: A Framework for New Teachers](#)

[Environmental Stewardship](#)

Wednesday, September 6, 2023 | 1:00 – 3:00pm PST | West Entrance to Douglas Research Conservatory, Center for Urban Horticulture
[Union Bay Natural Area Volunteer Restoration Event](#)

Volunteer with UW Botanic Gardens! For anyone looking to get their hands dirty and gain some restoration experience, this group will be removing blackberry in the Union Bay Natural Area.



Please bring leather gloves if you have them and wear heavy-duty clothes, including appropriate footwear, for protection from thorns. All tools will be provided. Don't forget your water bottle!

Meeting at the west entrance to the Douglas Research Conservatory before heading out to the work site.

Thursday, September 7, 2023 | 9:00 – 10:00am PST | Virtual

[Healthy Habitats for Healthy Wildlife](#)

Habitat biodiversity and connectivity are intricately tied to species populations and the ability to mitigate many wildlife diseases. From backyard songbirds with conjunctivitis to white-tailed deer with hemorrhagic disease, forests and their stewards can play an important role in the health of native wildlife.

Tuesday, September 12, 2023 | 11:00am – 12:00pm PST | Virtual

[Climate Education: Ignite Student Learning, Engagement, and Action](#)

This summer's record-breaking temperatures, floods, wildfires, and other weather events have impacted communities across the country. This provides educators with an opportunity to use climate education to build core academic skills while also engaging students in developing the knowledge to live more sustainably and take action to address climate change

Tune in to learn how climate education can engage and energize middle and high school students and lead to impactful change within your school community using these strategies:

- Incorporating climate education in different content areas
- Addressing student concern about climate change through a solutions-focused approach
- Inspiring students by introducing them to climate changemakers from around the world
- Empowering students to take action with creative projects that capture their learning and elevate their voices

Tuesday, September 17, 2023 | 4:00 – 5:30pm PST | Virtual

[The Role of Non-Native Plants in Butterfly Communities](#)

Sustaining native pollinator populations and reversing declines in threatened pollinators requires enhancing and maintaining habitats across many land use types. There is increasing evidence that non-native species can play a positive role in the persistence of native species and can contribute to the achievement of conservation goals.

Self-Paced | 25 Hours to Complete | University of Illinois at Urbana-Champaign

[Introduction to Sustainability](#)

This course introduces the academic approach of Sustainability and explores how today's human societies can endure in the face of global change, ecosystem degradation and resource limitations and focuses on key knowledge areas of sustainability theory and practice, including population, ecosystems, global change, energy, agriculture, water, environmental economics and policy, ethics, and cultural history.



Self-Paced | 9 Hours to Complete | American Museum of Natural History

[Ecology: Ecosystem Dynamics and Conservation](#)

This course is an introduction to ecology and ecosystem dynamics using a systems thinking lens. Through a case study on Mozambique's Gorongosa National Park, learners will explore how scientists study ecosystems, and investigate the complex array of factors that inform management efforts. At the end of the course, learners will be able to grapple with real-world conservation questions, such as whether an ecosystem can recover from anthropogenic disruption and what role humans can, and should, play in that recovery.

Healthy Futures

Tuesday, September 12, 2023 | 10:00 – 11:00am PST | Virtual

[Safe Spaces: How Digital Environments Can Serve Youth](#)

Technology plays a large role in our lives, especially the lives of youth, teens, and young adults. Accepting this new reality and the importance of the digital world allows us to figure out how it can be a positive in our lives and even benefit our mental health. For many youth and young people, online communities can provide safe, inclusive, affirming environments, where they can be themselves and connect with others who are like them.

Join this webinar to discuss the benefits of healthy online spaces, identify types of support available to youth via technology, and explore how to encourage youth to engage online in healthy ways

Thursday, September 14, 2023 | 10:00 – 11:00am PST | Virtual

[Chemicals and Pregnancy Complications: Findings from Nontargeted Analysis](#)

Toxic chemicals are ubiquitous in the environment. Fewer than one percent of the more than 40,000 chemicals imported, processed, or used in the U.S. are regularly biomonitoring. Still fewer have been evaluated for adverse health outcomes during pregnancy. Chemical exposures during pregnancy have been linked with lifelong consequences for maternal and child health including cardiovascular disease, diabetes, adverse infant neurodevelopment, and reproductive outcomes. These health outcomes are increasing at rates that cannot be fully explained by genetics or improvements in diagnostics.

Non-targeted analysis (NTA) methods can help tentatively identify chemicals that are not regularly studied. These chemicals can then be quantified through “targeted” methods, giving us the ability to evaluate associations with adverse health outcomes.

Wednesday, September 20, 2023 | 9:00am – 10:00pm PST | Virtual

[How to Systemically Address Social Needs in Healthcare Settings](#)

Latinos face inequities in social determinants of health (SDoH), from housing to healthcare, making it harder to achieve health equity. Join this webinar to learn about SDoH screening, a strategy that clinics, hospitals, and healthcare systems can use to check patients for social needs and connect them to needed resources.



Wednesday, September 20, 2023 | 9:00am – 12:00pm PST | Virtual
[Emerging Leaders in Mental Health: A Workshop for Professionals](#)

Whether you are just launching your career or are mid-career seeking to expand your skillset, Emerging Leaders in Mental Health is for you. This webinar is designed to advance and grow the capabilities and skills of tomorrow's mental health leaders by sharing best practices, strategies, and evidence-based approaches to improving the patient care and provider experience.

This course will help providers of all disciplines build upon their existing skills in three key areas:

1. Growing trust and developing meaningful professional relationships with patients, even those who are closed off or are reluctant to engage
2. Identifying common pitfalls related to providing an accurate diagnosis
3. Building cultural competency through curiosity and patient partnership

Thursday, September 21, 2023 | 9:30 – 11:00am PST | Virtual
[Engaging Community Stakeholders to Reduce Mental Health Inequities in the Hispanic Community](#)

Hispanic individuals demonstrate similar rates of psychiatric disorders compared to those of their non-Hispanic, White counterparts. However, they are less likely to utilize mental health services, and when they do they drop out and experience quality of care that is subpar.

This webinar will explore the impact and significance of engaging community stakeholders in developing culturally responsive interventions, the need for implementation science to improve health and mental health care uptake in the Hispanic community, and the importance of bridging the gap between implementation science and health disparities research to diminish health inequities prevalent in racial and ethnic communities historically marginalized in health care.

Thursday, September 28, 10:00am – 3:00pm to Friday, September 29, 8:00am – 1:00pm PST | Virtual
[Re-Imagining Behavioral Health: Race, Equity and Social Justice Conference](#)

This two-half day conference is designed to empower individuals who want to advance health equity and support diversity and inclusion in behavioral health care. It's also an opportunity to connect with others and join in a meaningful conversation about healing racial trauma, dismantling racism, combating systemic racism and social injustices through the lens of mental health and substance use issues.