



FREE Professional Development Opportunities (by Focus Area) November 2023

Open to ALL CLEC AmeriCorps Members

(Click the links to learn more about and register for the listed events)

Academic Engagement

Multiple Dates | 11am - 12pm PST | Virtual

[Upcoming Education Webinars with Education Week](#)

- [Ready or Not, AI is Here: How K-12 Schools Should Respond](#)
Wednesday, November 1
- [STEM, Your Classroom, and Community: Fostering Connections, Engagement, and Outreach](#)
Wednesday, November 8
- [Multiply Your Impact with Effective Mental Wellness Support](#)
Tuesday, November 14

Those who register will receive recordings of the webinars if they can't make the live events.

Multiple Dates | Virtual

[Featured Education Webinars with edWeb \(click link for additional webinars\)](#)

- [Breaking Beats and Myths: Exploring Hip-Hop Pedagogy to Confront Misinformation](#)
Thursday, November 2, 1-2pm PST
- [Differentiated SEL: Equity and Access for Students with Learning Disabilities](#)
Monday, November 6, 1-2pm PST
- [Cultural Competence: Embracing a Culture of Belonging](#)
Wednesday, November 8, 11am-12pm PST

Those who register will receive recordings of the webinars if they can't make the live events.

Healthy Futures

Self-Paced | Virtual

Free CPR and First Aid Classes

Take free virtual CPR and First Aid courses with <https://www.ecprcertification.com/> or <https://www.cprandfirstaid.net/>

All content for these comprehensive online courses is available for free and may be done on your own time and speed.



Certification costs \$23-35 but is optional (pricing [here](#) or [here](#)). Check with your supervisor to see if reimbursement is possible through your site.

Multiple Dates | Virtual

Free Mental Health First Aid Classes

- [Youth Mental Health First Aid](#) (for those living or working in King County)
Friday, November 10, 9am-3:30pm PST
- [Adult Mental Health First Aid](#) (for those living or working in King County)
Friday, November 10 or Tuesday, November 28, 9am-4pm PST
- [Find your own course](#) (search for free courses, virtual or in-person)

Multiple Dates | Virtual

[Upcoming Behavioral Health Webinars with McLean Hospital](#)

- [Understanding and Addressing Borderline Personality Disorder](#)
Thursday, November 2, 8am PST
- [Redefining Self-Care in Kids & Teens](#)
Wednesday, November 8, 9am PST
- [Recognizing and Treating Bipolar Disorder and Schizophrenia](#)
Tuesday, November 14, 8am PST
- [Facing Insecurities With Body Dysmorphic Disorder](#)
Tuesday, November 21, 9am PST
- [Effectively Diagnosing and Treating Eating Disorders](#)
Thursday, November 30, 8am PST

Those who register will receive recordings of the webinars if they can't make the live events.

Thursdays, November 2023 | 9 - 10am PST | Virtual

[Behavioral Health Integration Webinar Series from the Indian Health Service](#)

- [Strategies for Breaking Down Silos \(Behavioral Health & Primary Care\)](#)
November 9
- [Nuts and Bolts of Delivering Effective Cultural Programs in Integrated Care Clinics](#)
November 30

Environmental Stewardship

Thursday, November 2, 2023 | 10am - 5pm PST | Hybrid

[Urban Forest Symposium: Interweaving Indigenous Eco-Ethics & Healing into Urban Forestry](#)

This symposium is FREE for AmeriCorps members who register to attend virtually or 50% off for those who want to go in-person (when you register, make sure to mark yourself as an AmeriCorps member to get the discount).



Self-Paced | Virtual (American Outdoor School)

[Free Wilderness First Aid Course](#)

Designed for anyone who works or spends time in remote environments, Wilderness First Aid addresses patient needs in situations or environments where EMS is not available or may be significantly delayed.

All content for this comprehensive online course is available for free and may be done on your own time and your own speed. Certification costs \$99 but is optional. Check with your supervisor to see if reimbursement is possible through your site.

Self-Paced | Virtual (WWU)

WWU Archived Webinars

Recorded webinars from WWU: [College of the Environment](#) and [Environmental Speaker Series](#)

Wednesday, November 1, 2023 | 9 - 10am PST | Virtual

[Plastics & Environmental Justice: What's Next for the Global Treaty?](#)

This webinar will highlight the disproportionate harms of plastic to environmental justice communities, share reflections on what a successful plastics treaty would look like for communities affected by the adverse health effects of plastic production, and examine how the lifecycle health impacts of plastics are addressed in the draft of the treaty.

Saturdays, November 2023 | 9am - 12pm PST | In-Person (Bellingham)

[City of Bellingham Work Parties](#)

- **November 4:** [Cordata Park](#)
- **November 11:** [Lake Padden/Galbraith Trailhead](#)
- **November 18:** [Sunnyland Park](#)