



Professional Development Opportunities (by Focus Area) August 2023

for All CLEC AmeriCorps Members

Academic Engagement

Thursday, August 3, 2023 | 12:00 – 1:00pm PST | Virtual

[Cultivating a Positive Classroom Culture Through Civil Conversations](#)

Join this webinar to engage in a unique professional learning experience that can work for schools, departments, or teams. *Choose Your Own Master Class* is designed with standalone chapters to offer busy educators the opportunity to come together for a book club yet begin with the chapter that speaks to their most urgent needs.

This session will highlight the chapter on civil conversations, including its thought leaders from across disciplines. It will feature reflective exercises and classroom strategies to help you start off the year cultivating a supportive classroom environment. Together we'll explore ideas to nurture inclusivity and belonging throughout the school year.

This webinar will be of interest to K-12 teachers and school and district leaders. There will be time for questions at the end of the presentation.

Tuesday, August 15, 2023 | 11:00am – 12:00pm PST | Virtual

[Strengthening Social-Emotional Behavior Supports for All Students](#)

As you start the new school year, this webinar will provide guidance on building capacity to implement a robust social-emotional learning (SEL) program that serves the needs of all students and educators. You'll learn:

- Strategies for implementing social-emotional behavior (SEB) supports in all tiers of a Multi-Tiered System of Supports (MTSS)
- How to utilize SEB assessment data to ensure strong outcomes for all students and support continuous improvement
- Steps for designing professional learning that helps all educators develop the skills and capacity necessary for implementation

This webinar will be of interest to K-12 teachers, school and district leaders, directors of student services, directors of school climate, MTSS directors and coordinators, and special education directors. There will be time for questions at the end of the presentation.



Thursday, August 24, 2023 | 8:00 – 8:45am PST | Virtual

[August Teacher Talk - Plan your Year](#)

A new year is exciting and daunting all at the same time. Set yourself up for success and sketch out your plan. Getting organized allows your nervous system to relax and your creativity to kick in! Make this year more intentional.

Get connected with other growth-mindset teachers to share ideas and inspire each other. This is a great place to land to be heard and seen. You matter!

Wednesday, August 30, 2023 | 1:00 – 2:00pm PST | Virtual

[Back To School Series: Calling All Teachers!](#)

Join this webinar to learn the signs and symptoms of a functional vision problem and the simple ways to screen. You'll walk away with additional tools to be able to help your students succeed.

Did You Know?

- Vision screenings test less than 4% of the visual skills needed to help children read and learn.
- 50-75% of vision problems can be missed in a standard screening or eye exam!

In many cases, kids struggling with a visual dysfunction don't know there is a problem since they've always seen this way and assume everyone else sees the way they do. They'll feel they must not be as smart as their peers which greatly impacts their confidence, leading to behavioral concerns, falling behind in academics, and avoidance of near-work such as reading.

Environmental Stewardship

Saturday, August 5 and 19, 2023 | 9:00am – 12:00pm PST | Rose Hill Meadows Park 8200 124th Ave NE Kirkland, WA

[Habitat Restoration at Rose Hill Meadows Park](#)

Volunteers will help restore critical habitat by removing invasive plants such as blackberry or ivy, planting native plants, and pitching-in with stewardship tasks like mulching and weeding. With your help, this park will have healthy and thriving natural areas for years to come!

All experience levels and ages are welcome following the safety and event guidelines. Tools and training are provided. Events are 100% outdoors and occur rain or shine!

Friday, August 11, 2023 | 12:00 – 1:00pm PST | The Aaron Education Center at the Bellevue Botanical Garden 12001 Main St, Bellevue, WA

[Greener Living Community Class Series](#)

Sharpen your skills for reducing consumption and making environmentally friendly choices while shopping! Attendees will receive resources, tips, and tools after each class.

Self-Paced

[Women in Environmental Biology](#)



This course is for anyone interested in the relationship between humans and other living beings, as well as all those concerned about the global change situation that the planet is suffering.

You will learn key concepts of environmental biology, what the word “biodiversity” means, the main types of living organisms that exist on the Earth and the importance of these organisms for human beings, and how the gender perspective plays a key role in how we understand the world and in how science, and in particular, environmental biology, progress. After all, much of this research has been described by women.

Self-Paced

[Global Warming I: The Science and Modeling of Climate Change](#)

This class describes the science of global warming and the forecast for humans’ impact on Earth’s climate. Intended for an audience without much scientific background but a healthy sense of curiosity, the class brings together insights and perspectives from physics, chemistry, biology, earth, atmospheric sciences, and even some economics—all based on a foundation of simple mathematics (algebra).

Self-Paced

[Our Earth: Its Climate, History, and Processes](#)

Develop a greater appreciation for how the air, water, land, and life formed and have interacted over the last 4.5 billion years. This course will go over the building blocks of Earth’s climate system, how the Earth was formed and has evolved, the water in Earth’s climate system, and how life effects Earth’s climate system.

Self-Paced

[Introduction to Environmental Law and Policy](#)

Environmental law may be the one institution standing between us and planetary exhaustion. It is also an institution that needs to be reconciled with human liberty and economic aspirations. This course considers these issues and provides a tour through existing legal regimes governing pollution, water law, endangered species, toxic substances, environmental impact analyses, and environmental risk.

Healthy Futures

Tuesday, August 15, 2023 | 10:00 – 11:00am PST | Virtual

[Understanding PTSD](#)

Trauma impacts everyone differently, depending on the nature of the trauma, presence or lack of social support, access to treatment, and coping strategies. This one-hour seminar provides an accessible guide to understanding what causes Post Traumatic Stress Disorder, its symptoms, co-occurring disorders, and treatment options. Learn practical tips for managing symptoms and helping others with a licensed therapist.



Wednesday, August 23, 2023 | 10:00 – 11:00am PST | Virtual

[Setting Healthy Boundaries in Relationships](#)

Maintaining a balance between caring for loved ones and setting healthy boundaries for yourself can be challenging. Learn how to express your own needs without guilt, strike a healthy balance between caregiving and self-care, and tips for negotiating compromises with a licensed therapist.

Wednesday, August 30, 2023 | 8:00 – 9:00am PST | Virtual

[The Science Behind Mental Health](#)

Diagnosing mental illness isn't like diagnosing other chronic diseases. Are mental health disorders best understood as physical illnesses that affect the brain? Or do these disorders belong in a category all their own? Explore the causes, treatment, and prevention of mental illness and separate myths & facts in this often-misunderstood topic.

Self-Paced

[The Science of Well-Being](#)

Register for free online first aid, CPR and AED courses and take them on your own time!

In this course you will engage in a series of challenges designed to increase your own happiness and build more productive habits. As preparation for these tasks, Professor Laurie Santos reveals misconceptions about happiness, annoying features of the mind that lead us to think the way we do, and the research that can help us change. You will ultimately be prepared to successfully incorporate a specific wellness activity into your life.

Self-Paced

[First Aid, CPR and AED Courses](#)

Register for free online first aid, CPR and AED courses and take them on your own time!